



*A fast and easy side dish that works well with chicken or fish, this rice dish can be made ahead of time and just reheated. This rice dish uses a good amount of oil that, combined with the vegetables, gives the rice exceptional flavor and moistness.*

## **Rice with Vegetables**

### *Ingredients*

- 1 cup chopped mushrooms
- 1 cup chopped sweet onion
- 1 cup chopped red and yellow peppers
- 1/2 cup chopped carrots
- 8 tbsp olive oil
- 1 tsp kosher salt
- 1/2 tsp lemon pepper\*
- 1 cup long grain rice

### *Instructions*

Heat the oil and, once heated, add the vegetables and spices cooking until caramelized (approximately 10 minutes). Prepare the rice according to package directions. Strain the rice from the boiling water and add to the cooked vegetables. Stir until well combined.

Serve warm. Makes 3-4 servings.

\* If you don't have lemon pepper, use regular pepper and add 1 tsp lemon rind to the mix.